



TORONTO EAST  
GENERAL HOSPITAL

# Pre-Operative Assessment Clinic

## Your Pre-operative Assessment appointment is:

Date: \_\_\_\_\_

Time: \_\_\_\_\_

If you need to **cancel or reschedule** your interview please **call the PAC Booking clerk at:**  
416 469-6035

We will reschedule you as soon as possible to ensure your surgery date proceeds as planned.

## What is the Pre-Operative Assessment Clinic (PAC)?

The Pre-Operative Assessment Clinic (PAC) is set up to **prepare all** TEGH surgical patients for their pre-planned surgery. Our team works together to prepare you for your upcoming surgery before your planned operation date.

Our team consists of Registered Nurses, Registered Practical Nurses, Doctors, Anesthetists, our Clerical team, and a Blood Transfusion Co-coordinator. The team also links with other TEGH specialists such as Pharmacists, Social Workers, Physiotherapists, Home Care staff (CCAC), Cardiologists, Radiologists and Respiriologists for example.

## Directions:

PAC patients need to **register in Admitting** before coming to PAC. Come to the Admitting department 10 – 15 minutes prior to your scheduled PAC appointment to register.

Enter the hospital by the Coxwell lobby and proceed along the main floor to the Admitting Department located in the G-wing (see map on back of pamphlet).

After you are registered for your PAC appointment, proceed to the Pre-Operative Assessment clinic **located on the second floor, F-wing (F2).**

## What should I expect at my PAC appointment?

In PAC our goal is to ensure that you are well informed and approved for surgery. We suggest that **you plan for a visit of approximately 2 - 4 hours**. The time varies for each patient but will be longer if your surgery is more complex, if you have other health problems or if you are being admitted to the hospital after surgery. It is more likely in these circumstances that you will need to see more team members and possibly have diagnostic tests done.

Unless your doctor has told you not to eat, **PLEASE EAT prior** to your appointment as eating will not affect the particular blood tests we will be taking. In addition take all your medications as usual, including diabetic medications. When you arrive in PAC you will be given **a question form to fill out.**

